



# Resource Guide

**Villeray**

**District**

# Resources available in Villeray



This guide was designed to identify and gather the various resources of the Villeray district available to the population experiencing difficulties. Divided under several major categories, it presents more than forty local organizations that attend to the needs of the population, many of which were exacerbated during the COVID-19 pandemic.

We strongly recommend making an appointment by phone for all services prior to going on site.

For any questions do not hesitate to contact the *Corporation de développement communautaire (CDC) Solidarités Villeray* - a local based community council that supports and consults with different members of the Villeray borough.

## CDC Solidarités Villeray

📍 660 rue Villeray

☎ 514 279-0117

🌐 solidaritesvilleray.org

📱 @CDCSolidaritesVilleray

This guide was produced and printed in 2021.

**For information on screening or vaccination for COVID-19, please refer to the website of the CIUSSS du Nord-de-l'Île-de-Montréal.**

### For screening



[bit.ly/Depistage\\_covid19](https://bit.ly/Depistage_covid19)

### For vaccination



[bit.ly/ciussnim-vaccin](https://bit.ly/ciussnim-vaccin)

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Map of neighborhood resources included at the end of the guide.

## FOOD SUPPORT



### La Maison de quartier Villeray

Food assistance, economical grocery store, collective kitchens and collective gardens. Food delivery possible if eligible.

#### Contact information

📍 660 Villeray St  
☎ 514 272-4589  
🌐 mqvilleray.ca

### Patro Villeray

Meals on Wheels and frozen food delivery service.

*More services offered in guide's section "Leisure, activities and mutual aid"*

#### Contact information

📍 7355 Christophe-Colomb Ave  
☎ 514 273-8535  
🌐 patrovilleray.ca  
(section "food aid")

## TENANT SUPPORT



### Association des locataires de Villeray (ALV)

Support service for tenants (individual meetings by phone, by videoconference and / or in person). Information workshops (popular education) on housing repossessions, rent increases, social housing and tenants' rights and remedies.

#### Contact information

📍 660 Villeray St  
☎ 514 270-6703  
🌐 locatairesdevilleray.com

## MENTAL HEALTH : ACTIVE LISTENING, PSYCHOSOCIAL AND PSYCHOLOGICAL SUPPORT



### Psychosocial service – CIUSSS NîM

Confidential and free service in the event of a personal, family or couple crisis as well as for support, information or help finding resources that meet people's needs.

#### Contact information

📍 CLSC Villeray : 1425 Jarry East St  
☎ 514 940-3300  
🌐 ciussnordmtl.ca  
(section "Care and services - " Psychosocial service")

### Écoute Entraide

Anonymous and confidential phone listening service by trained volunteers for anyone who is going through difficult times. Support groups and phone pairing service also available.

#### Contact information

☎ 514 278-2130 (from 8:00am to 10:30pm 7 days/7)  
🌐 ecoute-entraide.org

### L'association québécoise des parents et amis de la maladie mentale (AQPAMM)

Information, referral and support for families and friends of a person living with a mental health disorder. Information sessions, individual monitoring, couple or family, support groups, psycho-educational workshops, etc.

#### Contact information

📍 1260 Sainte-Catherine East St  
☎ 514 524-7131  
🌐 aqamm.ca

### Maison multiethnique Myosotis

Low cost individual psychological consultation and group workshops. By appointment only. Languages spoken: French, English, Spanish, Polish, Russian, Romanian, Arabic

#### Contact information

📍 660 Villeray St  
☎ 514 271-4407  
🌐 maisonmyosotis.org

### Pastorale sociale Villeray

Active listening, referral service according to neighborhood resources, spiritual service, discussion groups, group thinking, prayers and actions on social topics.

#### Contact information

📍 8200 rue Saint-Hubert  
☎ 514 271-8605  
🌐 diocesemontreal.org  
(section "Archidiocèse" - "Offices et services" - "Office de la pastorale sociale")

### Tel-Aide Montréal

Anonymous, confidential and bilingual phone listening service by trained volunteers.

#### Contact information

☎ 514 935-1101 (24/7)  
🌐 telaide.org

## CRISIS CENTERS & ACCOMMODATIONS



### Association IRIS - Centre d'intervention de crise

Help service, with or without accommodation, for people suffering from mental health problems. Intervention in crisis situation, residential resources with supervision, housing life support program and therapeutic follow-up activities.

#### Contact information

📍 2430 Henri-Bourassa Blvd  
☎ 514 388-9233 (24/7)  
🌐 associationiris.ca

### Centre de crise le Transit

Telephone intervention line, intervention at the scene of crisis, short-term accommodation, follow-up during the crisis period and referral service. Service adapted to deaf and blind people. Languages spoken: French, English, Spanish, Hungarian, Portuguese.

#### Contact information

☎ 514 282-7753 (24/7)  
🌐 cictransit.com

### Maison Secours aux femmes de Montréal

Shelter that offers a safe place as well as various services to women victims of domestic violence and their children. Service adapted to immigrant women. Several languages spoken.

#### Contact information

☎ 514-593-6353

## SUPPORT FOR VICTIMS OF SEXUAL OR DOMESTIC VIOLENCE



### Centre de ressources et d'intervention pour les hommes abusés sexuellement dans leur enfance (CRIPHASE)

Support and resources for men sexually abused during their childhood : support groups, coffee meetings, support for relatives. Services offering support groups (relationships), coffee meetings and help for loved ones.

#### Contact information

📍 8105 de Gaspé Ave  
☎ 514 529-5567  
🌐 criphase.org

### Mouvement contre le viol et l'inceste

Support and intervention for women aged 14 and over who have experienced sexual violence or are victims of trafficking. Phone listening service, individual or group intervention, support in the legal process. Several languages spoken.

#### Contact information

📞 514 278-9383  
🌐 [mcvicontreleviol.org](http://mcvicontreleviol.org)

### SOS violence conjugale

Support line, assessment, information, awareness, support and referral service, anonymous and confidential, for all people affected by domestic violence. Service adapted for the hearing impaired.

#### Contact information

📞 1 800 363-9010 (24/7)  
📠 438 601-1211 (text messages)  
🌐 [sosviolenceconjugale.ca](http://sosviolenceconjugale.ca)  
(Translated in more than 25 languages)

## SUPPORT FOR FAMILIES WITH CHILDREN AGED 0 TO 5



### Alternative naissance

Support at birth, prenatal services and thematic postnatal meetings. Support group for women who have experienced a difficult childbirth and support for perinatal bereavement.

#### Contact information

📍 6006 de Bordeaux St  
📞 514 274-1727  
🌐 [alternative-naissance.ca](http://alternative-naissance.ca)

### Bureau coordonnateur La trottinette carottée

Helps parents obtain a spot in a home childcare service that offers quality services.

#### Contact information

📍 7535 St-Hubert St  
📞 514 523-0659  
🌐 [latrottinettecarottee.com](http://latrottinettecarottee.com)

### Services aux enfants de 0-5 ans et à leurs familles CIUSSS NÎM

Services for children, mothers, expectant mothers and families. Breastfeeding support, prenatal classes and meetings, personalized support, nutritional follow-ups, workshops, etc.

#### Contact information

📍 1425 Jarry East St  
📞 514 376-4141  
🌐 [ciusssnordmtl.ca](http://ciusssnordmtl.ca)  
(section "Care and services" - "Children, adolescents and families" - "Services for children aged 0-5 and their families")

### Espace Famille Villeray

Perinatal and family resource center which welcomes and supports parents and future parents in their preparation and adaptation to parenthood. Workshops and talks: baby sleep, musical awakening, fitness, prenatal classes, dad-child workshops, dad groups, etc. Free home support for new parents, drop-in center, psychological support, etc.

#### Contact information

📍 7470 de Normanville St  
📞 514 858-1878  
🌐 [espacefamille.ca](http://espacefamille.ca)

## SERVICES AND SUPPORT FOR YOUTH



### Aire Ouverte 12-25 ans (CIUSSS NîM)

Free and confidential service for young people between the ages of 12 and 25, for mental, physical and sexual health and all other issues (housing, lifestyle, finances, violence, addiction, etc.). With or without an appointment, on site, by phone or virtually.

#### Contact information

📍 2169 Sauriol East St

☎ 514 858-2446

🌐 [ciusssnordmtl.ca](http://ciusssnordmtl.ca)

(section "Care and services"  
- "Children, teenagers and families"  
- "Aire ouverte")

### Bureau de consultation jeunesse (BCJ)

Support, referral, defense of human rights (individually or in groups) with young people between the ages of 14-25. Youth support for young people and young parents, projects and collective actions, group activities, temporary accommodation.

#### Contact information

📍 5355 Wellington St

☎ 514 270-9760

🌐 [bureaudeconsultationjeunesse.org](http://bureaudeconsultationjeunesse.org)

### Corporation d'éducation jeunesse - Projet Rousselot (CÉJ)

Social isolation prevention, school drop-out, delinquency and acts of incivility amongst young people, mainly in the east of Villeray and at the Rousselot housing complex. Support, homework help, mentoring and various activities for the integral development of youth to promote better self-esteem and academic success.

#### Contact information

📍 7797 De Lanaudière St

☎ 514 872-2696

🌐 [corpoeducjeunesse.org](http://corpoeducjeunesse.org)

(section "Projet Rousselot")

### GymNO Montréal

Activities offered to young people aged 3 to 18, with learning difficulties in order to break social isolation, build friendships, experience success and increase self-esteem.

#### Contact information

📍 660 Villeray St

☎ 514 721-3663

🌐 [gymno.org](http://gymno.org)

### Motivation Jeunesse 16/18 Inc.

Adapted course and personalized approach promoting the success and well-being of young people living in academic difficulties. Program offered in alternation of internships / studies.

#### Contact information

📍 8200 Saint-Laurent Blvd

☎ 514 596-5400 extension number 5427

🌐 [motivationjeunesse.com](http://motivationjeunesse.com)

### Patro Villeray - La Station

Psychological support for teenagers, help with homework, leisure activities, free sports activities, etc.

#### Contact information

📍 7355 Christophe-Colomb Ave

☎ 514 278-2654

🌐 [patrovilleray.ca](http://patrovilleray.ca)

(section "Leisure and sports")

### PACT de rue

Urban field presence for youth through street work. Prevention workshops offered in high schools.

#### Contact information

📍 8105 de Gaspé St, suite 200

☎ 514 278-9181

🌐 [pactderue.org](http://pactderue.org)

## Perspectives Jeunesse

Support for school perseverance and psychosocial aid for youth. Individual support component (returning to school and reactivation for young people aged 15 to 24) and school component (alternative class for youth aged 15 to 20).

### Contact information

📍 6839A Drolet St, suite 10  
☎ 514 303-0599  
🌐 perspectivesjeunesse.org

## Projet d'intervention auprès des mineurs prostitués (PiAMP)

Listening, support and accompaniment service for minors who exchange sexual services for any form of remuneration. Services also offered to relatives. Awareness campaign, workshops.

### Contact information

📍 435 Beaubien East St  
☎ 514 284-1267  
🌐 piamp.net

## Tel-Jeunes

Professional support by phone, text, chat and email. For young people under 20 years old.

### Contact information

☎ 1 800 263-2266 (24/7)  
📞 514 600-1002 (text messages from 8:00am to 10:30pm)  
🌐 teljeunes.com

## Vue sur la relève

Promotion of culture and the performing arts among young people contributing to the integration into the professional environment of emerging artists from 18 to 35 years old, with a ticket for the Vue sur la Relève Festival and the Camps des Arts (day camps and intensive artistic and fun courses).

### Contact information

☎ 514 278-3941  
🌐 vuesurlareleve.com  
🌐 campdesarts.org

## SUPPORT FOR WOMEN, PARENTS AND FAMILIES



## Crise-Ado-Famille-Enfance (CAFE) CIUSSS NÎM

In the event of a family crisis (feeling of urgency, distress, aggressivity), intensive follow-up to restore balance in families with children aged 5 to 17.

### Contact information

Via psychosocial care:  
☎ 514 940-3300 or 811 - option 2  
Via the Youth Protection Department:  
☎ 514 896-3100  
🌐 ciussnordmtl.ca  
(section "Care and Services"  
- "Children, teenagers and families - "youth in difficulty")

## Centre d'aide aux familles latino-américaines (CAFLA)

Confidential phone support, interpretation and referral to appropriate resources for Latin-American people. Languages spoken: French and Spanish.

### Contact information

📍 6839 Drolet St  
☎ 514 273-8061  
🌐 cafla.ca

## Centre des femmes d'ici et d'ailleurs

Listening, referral and advocacy service by phone, in person and in public for women. Intercultural activities online and in parks, French workshops, engaged art and collective actions. Languages spoken: French, English, Spanish, Tamil, Levantine Arabic, Haitian Creole.

### Contact information

📍 8043 St-Hubert St  
☎ 514 495-7728  
🌐 cdfia.net



### La Maison des Grands-Parents de Villera y

Various intergenerational activities and clothes bank at low prices for babies and children.

#### Contact information

📍 8078 Drolet St  
☎ 514 383-9108  
🌐 mgpvillera y.org

### Plains Pouvoirs pour tous / Kidpower Teenpower Fullpower

Workshops for families or adults to learn and practice skills that help to stay safe with others: family, friends, work, on the street, online, everywhere.

#### Contact information

☎ 514 990-7124  
🌐 kidpowermontreal.org

### Première ressource

Free and confidential help for parents of children aged 0 to 18. By phone, email or chat, workers respond to everyday issues as well as complex issues.

#### Contact information

☎ 514 525-2573  
☎ 1 866 329-4223  
🌐 premiereressource.com

## SUPPORT FOR SENIORS



### Centre des aînés de Villera y

Intervention (attentive listening and help) in public housing and at home (meals frozen food and community cafeteria), activities and outings for all people aged 50 and over.

#### Contact information

📍 7626 Saint-Hubert St  
☎ 514 277-7574  
🌐 ainesvillera y.com

### Coopérative de solidarité Novaide

Home support for seniors, respite for family caregivers and housekeeping.

#### Contact information

📍 3565 Jarry East St, suite 410  
☎ 514 278-6767  
🌐 novaide.com

### Ligne Aide Abus Aînés

Bilingual, free and confidential consultation, listening and information service by specialists in matter of abuse. The service is offered to seniors in a situation of mistreatment, to a loved one, a witness and to interveners.

#### Contact information

☎ 1 888 489-2287 (24/7)  
☎ 514 489-2287 (24/7)  
🌐 aideabusaines.ca

### Tel-Aînés

Confidential listening and referral service by trained volunteers for people aged 60 and over and caregivers.

#### Contact information

☎ 514 353-2463 (from 10:30am to 10:00pm, 7 days/7)  
🌐 tel-ecoute.org

### Vers Vous - Centre de services bénévoles aux aînés de Villera y

Transportation and medical support, socialization transportation (grocery store, bank, training, visiting relatives, etc.), help with shopping (without a car), friendship, safety and birthday calls as well as friendship visits.

#### Contact information

📍 7355 Christophe-Colomb Ave, suite 1-100  
☎ 514 277-2469  
🌐 versvous.org

## LEISURE, ACTIVITIES AND MUTUAL AID



### Bureau de la communauté haïtienne de Montréal (BCHM)

Support service for families, seniors and youth. Help with homework, day camps, groups of fathers, support in procedures, food support etc.

#### Contact information

📍 6970 Marquette St

☎ 514 725-9508

🌐 bchm.ca

### Patro Villeray, Centre de loisirs et d'entraide

Supervised and free leisure activities (sports, cultural, socio-educational, outdoor, etc.), free baths and lap swimming. Mutual aid (tax clinic, workshops), community action (prevention and urban mediation in parks, etc.), sprink break and day camps.

#### Contact information

📍 7355 Christophe-Colomb Ave

☎ 514 273-8535

🌐 patrovilleray.ca

### Projet Villeray dans l'Est

On-site referral, meetings to break the isolation of families, homework help, francization, thematic workshops, day camps and citizen participation.

#### Contact information

📍 1982 Tillemont St

☎ 514 279-1146

@villeraydanslest@solidaritesvilleray.org

## PROFESSIONAL INTEGRATION, EDUCATION AND EMPLOYMENT ASSISTANCE



### Carrefour Jeunesse Emploi (CJE) Centre-Nord

Job search assistance, educational guidance services and professional support, support for young people to reintegrate the labor market, support for school perseverance and social autonomy and involvement in various community projects.

#### Contact information

📍 3565 Jarry East St, suite 401

☎ 514 729-9777

🌐 cje-centrenord.com

### Le Centre de formation de l'alimentation et du commerce du Québec (CFACQ)

Training in various food and trade professions, adapted for people having difficulty integrating the job market.

#### Contact information

📍 1200 Crémazie East Blvd, suite 101

☎ 514 332-2545

🌐 cfacq.ca

### Coop Horizon multimédia

Solidarity cooperative that uses multimedia as a development tool. Service in the multimedia, socio-professional integration, training and service sales. Extracurricular, entrepreneurial and intergenerational projects.

#### Contact information

📍 8200 Saint-Laurent Blvd

☎ 1 866 893-2667

🌐 coophorizonmultimedia.com

## Emploi Jeunesse

Personalized assistance and support for job search. Also offering assistance reintegrating into different academic environments for those aged 16 to 35.

### Contact information

📍 205 Jarry East St  
☎ 514 495-6571  
🌐 [emploi-jeunesse.org](http://emploi-jeunesse.org)

## L'Enjeu: cap sur l'emploi inc.

Employment assistance service for the integration or retention of women with career difficulties (job search assistance service, office skills assessment, placement assistance, educational and vocational guidance).

### Contact information

📍 2215 Jean-Talon East St, suite 204  
☎ 514 858-5288, extension number 0  
🌐 [lenjeu.org](http://lenjeu.org)

## La Jarnigoine – Centre d'alphabétisation de Villeray

French language learning, reading, writing and computer literacy workshops. Possible solutions for those who do not have access to a computer or internet connection.

### Contact information

📍 211 Jarry East St  
☎ 514 273-6683  
🌐 [jarnigoine.com](http://jarnigoine.com)

## Main-Forte Montréal

Day activities for people with a physical disability isolated from the labour market to do repetitive subcontracting work. Methods include : helping them to get out of isolation and get involved in their environment.

### Contact information

📍 7381 Saint-Hubert St  
☎ 514 593-6129  
🌐 [mainfortemontreal.org](http://mainfortemontreal.org)

## Petites-Mains

Socio-professional integration for women: personalized support, french language learning, professional paid training, first-job experience, job search assistance, group activities and daycare.

### Contact information

📍 7595, boulevard St-Laurent  
☎ 514 738-8989  
🌐 [petitesmains.com](http://petitesmains.com)

## Service d'intégration au marché du travail par objectifs (SIMO)

Support in the development of employability, socio-professional integration for newcomers and immigrants of all origins. Services are offered individually and complemented with group activities.

### Contact information

📍 7245 Clark St, suite 202  
☎ 514 277-6776, extension number 222  
🌐 [simo-emplois.com](http://simo-emplois.com)

## NEWCOMERS AND IMMIGRANTS



## La Maisonnée

Immigrant and refugee services in hospitality and establishment, as well as employability and professional insertion.

### Contact information

📍 6865 Christophe-Colomb Ave  
☎ 514 271-3533  
🌐 [lamaisonnee.org](http://lamaisonnee.org)

### Service d'interprète, d'aide et de référence aux immigrants (SIARI)

Support and follow-up for immigrants and refugees in their integration process. Services offered in more than 35 languages.

#### Contact information

📍 6767 chemin de la Côte-des-Neiges, suite 499  
☎ 514 738-4763  
🌐 siari.org

## DEFENSE OF HUMAN RIGHTS



### ACEF du Nord de Montréal

Workshops on debt, budget and consumer rights. Individual budget consultation and problem-solving assistance service with a business or company (e.g. payment agreements). Computers available on-site.

#### Contact information

📍 7500 de Châteaubriand Ave  
☎ 514 277-7959  
🌐 acefnord.org

### Action Autonomie

Defense of rights assistance and accompaniment service for people living with mental health problems through an educational approach.

#### Contact information

📍 3958 Dandurand St  
☎ 514 525-5060  
🌐 actionautonomie.qc.ca

### Bureau des ressources des assisté(e)s sociaux (BRAS) Villeray

Consultation, listening and reference. Information on the laws, rights and obligations of social assistance.

#### Contact information

📍 660 Villeray St  
☎ 514 495-8101  
🌐 brasvilleray.org

### Éducaloi

Information regarding human rights, responsibilities and the general knowledge of provincial law.

#### Contact information

🌐 educaloi.qc.ca

### Mouvement Action-Chômage (MAC)

Information sessions on unemployment insurance and court support.

#### Contact information

📍 6839A Drolet St, suite 306  
☎ 514 271-4099  
🌐 macmtl.qc.ca

## HEALTH



### Médecins du monde

Mobile medical service for homeless people (STBBI screening and vaccination, support individual and group psychological, distribution of naloxone kits and SEO). Walk-in medical clinic for migrants without medical coverage.

#### Contact information

📍 560 Crémazie East Blvd  
☎ 514 281-8998  
🌐 medecinsdumonde.ca

## PREVENTION AND SUPPORT FOR ADDICTION



### Centre d'orientation et de prévention d'alcoolisme et de toxicomanie pour les Latinos Américains (COPATLA)

Information service for the Latin-American community about addiction to alcohol and other drugs. Help for young adults and their families to find solutions to fight addiction and reintegrate their community. Socio-cultural and leisure activities available. Languages spoken: Spanish and French.

### Contact information

📍 660 Villeray St  
☎ 514 948-6188  
✉ @copatla1989@gmail.com

### PACT de rue

Listening, prevention and support.  
Day center for adults. Field presence  
through street work with young people.  
Fixed site for people who use drugs.

### Contact information

📍 8105 de Gaspé St, suite 200  
☎ 514 278-9181  
🌐 pactderue.org

## SUPPORT FOR PEOPLE WITH DISABILITIES AND THEIR FAMILIES



### Association québécoise des traumatisés crâniens

Services for people who have suffered  
a traumatic brain injury (TBI): social  
integration and psychosocial support.  
Service for relatives (individual  
meetings, workshops, respite, etc.).

### Contact information

📍 911 Jean-Talon East St, suite 106  
☎ 514 274-7447  
🌐 aqtc.ca

### Centre de la communauté sourde du Montréal métropolitain

Raises awareness for the defense of the  
rights of deaf people. Services offered:  
listening, information and referrals,  
occasional help to members, legal  
advice and support. Reception of deaf  
immigrants, literacy and training, etc.

### Contact information

📍 2200 Crémazie East Blvd, suite 203  
☎ ATS: 514 279-7609  
☎ 514 903-2200  
🌐 ccsmm.net

### Espace Multisoleil

Leisure, cultural and socialization  
activities for young people aged 6 to  
30 years old living with a physical  
disability, with or without a mild to  
moderate intellectual disability.

### Contact information

🌐 spacemultisoleil.org  
✉ info@spacemultisoleil.org

### La Joie des Enfants

Service for people with intellectual  
disabilities and their families:  
respite, babysitting, day camp,  
recreation and referrals.

### Contact information

📍 8520 Saint-Urbain St  
☎ 514 270-0338

### Regroupement de parents de personnes ayant une déficience intellectuelle de Montréal

Early stimulation service for children  
under 5 and support service for  
socio-cultural activities for adults.  
The services are aimed at people  
with an intellectual disability or  
an autism spectrum disorder.

### Contact information

📍 911 Jean-Talon East St, suite 227A  
☎ 514 255-3064  
🌐 rppadim.com

## HOUSING ACCOMODATION



### Espace la Traversée – Habitat 1460

Housing designed to meet the needs of the elderly. Several activities are on the program in addition to a 24-hour service.

#### Contact information

📍 1460 Crémazie East Blvd,  
suite 100  
☎ 514 321-4984

### Les Habitations populaires de Parc-Extension (HAPOPEX)

Provision of affordable social housing with social and community support through a team of workers. Community life and collective activities for tenants.

#### Contact information

📍 445 Jean-Talon West St, suite 304  
☎ 514 655-9944  
🌐 hapopex.org

### La Maison des sourds

Social housing for deaf or hard of hearing people and their families. Offer of social and recreational activities and room rental.

#### Contact information

📍 2200 Crémazie East Blvd,  
suite 200  
☎ 438 381-6372  
🌐 maison-sourds.org

### La Maison Villeray (Maison St-Dominique)

Furnished studios with psychosocial and community support for low-income adults living alone and with mental health issues. Community room available at all times and presence of social workers 2 to 3 days a week.

#### Contact information

📍 7787 De Lanaudière St  
☎ 514 270-7793  
🌐 maisonstdominique.org  
(section "Our housing" -  
"Maison Villeray")

### Office municipal de l'habitation de Montréal (OMHM)

Offer of housing and housing programs on the island of Montreal. Social and community activities offered to tenants.

#### Contact information

☎ 514 872-6442  
🌐 omhm.qc.ca

## URBAN SECURITY



### Service de police de la Ville de Montréal (SPVM) – Poste de quartier 31

#### Contact information

📍 7920 Saint-Laurent Blvd  
☎ 514 280-0131  
🌐 spvm.qc.ca/fr/PDQ31

### TANDEM VSP – Villeray – Saint- Michel – Parc-Extension

Prevention service offered to the citizens of Villeray regarding urban security.

#### Contact information

📍 7355 Christophe-Colomb Ave  
☎ 514 490-1414  
🌐 patrovilleray.ca  
(section "Urban security")





Centre intégré  
universitaire de santé  
et de services sociaux  
du Nord-de-  
l'Île-de-Montréal

Québec 



Fondation du Grand Montréal

